

# Carly D. Miron, MA

Doctoral Program in Psychology  
Health Psychology & Clinical Science Training Area  
The Graduate Center, City University of New York  
New York, New York

[cmiron@gradcenter.cuny.edu](mailto:cmiron@gradcenter.cuny.edu)

## EDUCATION

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- 2022-2028 (expected) **The Graduate Center, City University of New York, New York, NY**  
PhD in Psychology, Health Psychology and Clinical Science (HPCS) Training Area  
Mentor: Jennifer Ford, PhD
- 2022-2024 **The Graduate Center, City University of New York, New York, NY**  
MA in Psychology (GPA: 3.98)  
Mentor: Jennifer Ford, PhD  
Thesis: *Friendship Reimagined: A qualitative study of peer network changes among adolescent and young adult cancer survivors*
- 2015-2019 **University of Pennsylvania, Philadelphia, PA**  
BA in Psychology with Honors, *Summa Cum Laude* (GPA: 3.91)  
Honors Thesis: *No Shoulder to Cry On? An Examination of Friendship Quality among Adolescents High on Callous-Unemotional Traits*

## GRANTS

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### Current Research

**Pre-Pilot Award, Cancer Health Disparities Pilot Research Program (U54CA221704(5))**  
TUFCCC/HC Regional Comprehensive Cancer Health Disparity Partnership  
Funding Organization: National Cancer Institute  
Amount Awarded: \$9,725  
Award Period: 8/1/24-7/31/25  
Title: Elucidating Anxiety in the AYA Cancer Survivorship Experience (EASE)  
Role: Principal Investigator

## FELLOWSHIPS, HONORS & AWARDS

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- 2023-2024 Psychology University Fellowship, Graduate Center, City University of New York - \$1250 (cumulative)
- 2024 Doctoral Student Research Grant, Graduate Center, City University of New York - \$800
- 2022-2023 Psychology Tithe Fellowship, Hunter College, City University of New York - \$ 3,516 (cumulative)
- 2022- Graduate Center Fellowship, Graduate Center, City University of New York - \$46,477 (cumulative)

2022-	Tuition Fellowship, Graduate Center, City University of New York - \$26,080 (cumulative)
2022	Honorable Mention, National Science Foundation, Graduate Research Fellowship Program
2020	Undergraduate Research Excellence Award, Federation of Associations in Behavioral and Brain Sciences
2019	Phi Beta Kappa, University of Pennsylvania
2019	Morris Viteles Award for Excellence in Undergraduate Psychology Research, University of Pennsylvania
2019	Undergraduate Speaker at Psychology Graduation, University of Pennsylvania
2018-2019	Psychology Honors, University of Pennsylvania
2016-2019	Dean's List, University of Pennsylvania
2018	Louis H. Castor, MD, Undergraduate Research Grant, University of Pennsylvania - \$500

## **AREAS OF INTEREST**

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**Clinical:** Adolescents and young adults, anxiety disorders, trauma and stress-related disorders, relationships, group-based interventions, chronic illness

**Research:** Psycho-oncology, adolescents and young adults, social support, anxiety sensitivity, physical activity

## **RESEARCH**

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### Hunter College, Department of Psychology

Aug 2022- **Doctoral Student**

Present *Hunter Psycho-Oncology Lab*

PI: Jennifer S. Ford, PhD

- Support ongoing quantitative and qualitative research that aims to improve psychosocial outcomes among adolescent and young adult (AYA) cancer survivors
- Mentor undergraduate and post-bac research assistants
- Design and lead novel research study utilizing structured diagnostic assessments and qualitative interviews to examine symptoms of anxiety among adolescent and young adult (AYA) cancer survivors

### New York University Grossman School of Medicine, Department of Psychiatry

Jun 2019- **Program Coordinator**

Aug 2022 *Anxiety, Stress & Prolonged Grief Program (ASPGP)*

PI: Naomi M. Simon, MD, MSc

- Worked closely with program director, Dr. Naomi Simon, to oversee the program

- Administrative and scientific development of grant submissions to various government and foundation sponsors (e.g., NIH, PCORI, DOD, AFSP, BBRF)
- Managed program funds (e.g., budget creation, tracking, projections) in collaboration with institutional grant administration officials
- Coordinated hiring, onboarding, and training for new postdoctoral fellows, research coordinators and volunteers
- Provided ongoing supervision of Research Data Associates
- Drafted progress reports, no-cost extension requests, final reports, communications with grant sponsors, and relevant documentation for collaborators and sponsors
- Daily oversight and tracking for grants to ensure compliance with agreement

*Examining Psychological and Wellness Needs, Gaps, Barriers and Motivators for the Use of Supportive Care Services Amongst Breast Cancer Survivors*

Sponsor: NYU Langone Perlmutter Cancer Center, PI: Naomi M. Simon, MD, MSc

*Risk Perception and Needs Assessment in High-Risk Pancreatic Cancer Populations*

Sponsor: NYU Langone Perlmutter Cancer Center, PI: Diane M. Simeone, MD

*Evaluating the Effects of VQW-765 vs. Placebo in Performance Anxiety*

Sponsor: Vanda Pharmaceuticals Inc., PI: Naomi M. Simon, MD, MSc

*Telehealth Use by the Faculty Group Practice in NYU Langone's Psychiatry*

*Department & Psychiatry Residents in NYU Grossman School of Medicine in the Wake of COVID-19*

Sponsor: NYU Grossman School of Medicine Department of Psychiatry, PI: Paraskevi Noulas, PsyD

*Comparative Effectiveness of Mindfulness-Based Stress Reduction and Pharmacotherapy for Anxiety*

Sponsor: Patient-Centered Outcomes Research Institute (PCORI), PI: Naomi M. Simon, MD, MSc

*Elucidating Neural Mechanisms and Sex Differences in Response to Mindfulness Based Stress Reduction in Generalized Anxiety Disorder*

Sponsor: NIH/NCCIH (1-R01-AT011257-01), PIs: Naomi M. Simon, MD, MSc & Mohammed Milad, PhD

*Randomized Placebo Controlled Trial to Determine the Biological Signature of Cannabidiol as a Treatment for Social Anxiety Disorder*

Sponsor: NIH/NCCIH (R61-AT012026-01), PIs: Naomi M. Simon, MD, MSc & Esther Blessing, MD, PhD

University of Pennsylvania, Department of Psychology

Aug 2018- **Honors Thesis Student & Research Assistant**

May 2019 *Emotion, Development, Environment, & Neurogenetics (EDEN) Lab*

PI: Rebecca Waller, PhD

- Conducted a year-long honors thesis in social and developmental psychology

- Awarded the Federation of Associations in Behavioral and Brain Sciences' Undergraduate Research Excellence Award and Penn's Morris Viteles Award
- First authored final paper published in the Journal of Adolescence
- Generated research questions and hypotheses in the field of social and developmental psychology, wrote a funding proposal, and obtained IRB approval
- Analyzed secondary data from the Pathways to Desistance Project and collected and analyzed primary data from Mechanical Turk participants
- Performed analyses in SPSS and R to test study hypotheses
- Delivered oral presentation for Psychology Department (chair, faculty, and students) and participated in CURF Poster Session and Psychology Department Poster Session

*Social Processing, Affiliation, and Relationships (SPARK)*

PI: Rebecca Waller, PhD

Independent research evaluating affiliation as a mechanism for why friendship quality is lower among individuals high on callous-unemotional (CU) traits.

*Family and Child Emotion Socialization study (FACES)*

PI: Rebecca Waller, PhD

Lead research assistant for a study utilizing video stimuli and eye-tracking software to characterize the relationship between the interpretation of emotional expressions and CU traits in children. Created novel full-body video stimuli used in the study.

Aug 2017-  
Aug 2018

**Research Assistant**

*Boundaries of Anxiety and Depression Lab*

PI: Ayelet M. Ruscio, PhD

- Assisted with NIH R01 grant examining the cognitive, behavioral, and emotional mechanisms hypothesized to contribute to GAD (threat sensitivity), MDD (reward responsiveness), and their comorbidity (perseverative thought).
- Recruited community-based clinical and non-clinical sample, screened participants to determine eligibility, entered and analyzed interview data in SPSS, managed study databases, and conducted debrief interviews.
- Collected saliva samples, led participants through E-Prime experimental tasks, used psychophysiology equipment to measure galvanic skin response, heart rate, electromyography, and physical activity.

*Mechanisms of Comorbidity and Specificity for Generalized Anxiety and Depression*

Sponsor: NIH (MH094424)

PI: Ayelet M. Ruscio, PhD

Aug 2016-  
Jun 2017

**Research Assistant**

*Language Development & Processing Lab*

PI: John Trueswell, PhD

- Contributed to cognitive science research that aims to understand thought and language development in early childhood
- Contributed to study design and data collection using E-Prime and Matlab and developed novel voiceover stimuli for child pilot studies

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**CLINICAL EXPERIENCE**

**Marymount Manhattan College, New York, NY**

Aug 2013- Present *Clinical Psychology Extern, Counseling and Wellness Center*  
 Supervisor: Deborah Giordano, PsyD

- Conduct psychodiagnostic assessments and provide psychotherapeutic treatment to college students (ages 17-22) using an integrated approach that includes principles from cognitive behavioral therapy and psychodynamic therapy
- Carry a caseload of 9 clients per week
- Meet weekly with supervisor for individual and group supervision
- Lead outreach events and workshops to promote community mental health and engagement with counseling center
- Participate in weekly didactic seminars

Jun 2019- Aug 2022 **New York University Grossman School of Medicine, New York, NY**  
*Clinical Research Coordinator, Anxiety, Stress, and Prolonged Grief Program (ASPGP)*  
 Supervisors: Naomi M. Simon, MD, MSc; Kristin L. Szuhany, PhD; Matteo Malgaroli, PhD; Rachel Eakley, MSN PMHNP-BC, Benjamin Feldman, PsyD

- Conducted structured, diagnostic phone interviews using a screening version of the Mini International Neuropsychiatric Interview (MINI)
- Assessed for anxiety disorders, trauma- and stressor-related disorders, obsessive-compulsive and related disorders, depressive disorders, and psychotic disorders
- Performed basic suicide risk assessments for distressed patients with suicidal ideation during phone interviews
- Administered wellness assessments for breast cancer survivors
- Assisted with exposure exercises for patients with anxiety disorders
- Assessed SUDS ratings of patients with performance anxiety disorder during Trier Social Stress Tests
- Performed blood draws for patients with anxiety disorders and PTSD
- Contributed to case conceptualizations and presentations of research patients
- Served as primary contact for patient questions and concerns regarding clinical research for psychiatric treatment studies
- Provided clinical referrals for research patients
- Trained research coordinators and volunteers to conduct clinical interviews

## PSYCHOLOGICAL ASSESSMENTS

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**Clinical Assessments:** Structured Clinical Interview for DSM-5 (SCID-5)

**Neuropsychological Assessments:** Wechsler Adult Intelligence Scale (WAIS-IV), Wechsler Memory Scale (WMS-IV)

**Personality Assessments:** Personality Assessment Inventory Plus (PAI Plus), Minnesota Multiphasic Personality Inventory-3 (MMPI-3), Rorschach: A Comprehensive System—Revised (Exner)

## TEACHING EXPERIENCE

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Fall 2024	<i>Instructor of Record, PSYC 100 Introduction to Psychology, Hunter College</i>
Spring 2024	<i>Teaching Assistant, PSYC 250 Experimental Psychology, Hunter College</i>
Fall 2023	<i>Teaching Assistant, PSYC 170 Psychology of Human Sexuality, Hunter College</i>

## TRAINING/WORKSHOPS

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| 2023 | SCID-5 Training Workshop (Evelyn Behar, Ph.D. & SCID training videos) – 8 hours  |
| 2023 | Mandated Reporter Training: Identifying and Reporting Child Abuse and Maltreatment (New York State Office of Children & Family Services) – 2 hours |

## MANUSCRIPTS IN PREPARATION/UNDER REVIEW

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1. Hotchkiss, M.E., Ciniglio, A., Wirtz, M.R., **Miron, C.D.**, & Ford, J.S. (under review). Cancer-Peer Connection in the Young Adult Cancer Context: Relocating Cancer Support to Community Settings.
2. Raio, C.M., Szuhany, K.L., Secmen, A., Mellis, A.M., Chen, A., Adhikari, S., Malgaroli, M., **Miron, C.D.**, Simon, N.M, & Glimcher, P.W. (under review). The longitudinal impact of loneliness during the COVID-19 pandemic.

## PEER-REVIEWED PUBLICATIONS

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1. Powell, T., Plate, R.C., **Miron, C.D.**, Wagner, N.J., & Waller, R. (2023). Stimulus characteristics, emotion recognition, and callous-unemotional traits. *Child Psychiatry & Human Development*.
2. Malgaroli, M., Szuhany, K.L., Riley, G., **Miron, C.D.**, Park, J.H., Rosenthal, J., Chachoua, A., Meyers, M., & Simon, N.M. (2022). Heterogeneity of posttraumatic stress, depression, and fear of cancer recurrence in breast cancer survivors: a latent class analysis. *Journal of Cancer Survivorship*, 1-12.
3. Szuhany, K.L., Malgaroli, M., Riley, G., **Miron, C.D.**, Suzuki, R., Park, J.H., Rosenthal, J., Chachoua, A., Meyers, M., & Simon, N.M. (2021). Barriers and engagement in breast cancer survivorship wellness activities. *Breast Cancer Research and Treatment*, 188(1), 317-325.
4. Szuhany, K. L., Malgaroli, M., **Miron, C.D.**, & Simon, N. M. (2021). Prolonged Grief Disorder: Course, Diagnosis, Assessment, and Treatment. *Focus*, 19(2), 161-172.
5. **Miron, C. D.**, Satlof-Bedrick, E., & Waller, R. (2020). Longitudinal association between callous-unemotional traits and friendship quality among adjudicated adolescents. *Journal of adolescence*, 81, 19-26.

## POSTERS & PRESENTATIONS

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1. **Miron, C.D.**, & Ford, J.S. (2024, November). *Elucidating Anxiety in the AYA Cancer Survivorship Experience (EASE): Approach and Methodology*. Poster to be presented at the Association for Behavioral and Cognitive Therapies annual convention (ABCT), Philadelphia, PA.
2. Revenson, T.A., Ford, J.S., Ahmad, Z., **Miron, C.D.**, & Stein, A. (2024, September). Loneliness among young adults with cancer: A blueprint for intervention. Paper to be presented in the symposium, *Connections that heal: Innovative approaches to reduce loneliness* (L.M. Warner & S. Cipoletta, Chairs) at the Annual Meeting of the European Health Psychology Society, Cascais, Portugal.
3. **Miron, C.D.**, Wirtz, M.R., & Ford, J.S. (2024, March). “A lot of friendships were tested”: A qualitative exploration of changing dynamics between AYA cancer patients and their peers. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
4. Wirtz, M. R., **Miron, C. D.**, & Ford, J. S. (2024, March). *Psychometric analysis of common measurements used in AYA survivorship studies*. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
5. Wirtz, M.R., **Miron, C.D.**, Whalen-Kipp, O., & Ford, J. S. (2024, February). *Sexual self-esteem in two samples of adolescent and young adult cancer survivors: A qualitative investigation*. Poster

presentation at the Annual Meeting of the International Society for the Study of Women's Sexual Health, Long Beach, CA.

6. Ahmad, Z.N., **Miron, C.D.**, & Ford, J.S. (2023, April) *"Cancer is Trauma:" Characterizing Symptoms of Post-traumatic Stress among Young Adult Cancer Survivors*. Poster presented at Society of Behavioral Medicine (SBM) Annual Meeting 2023, Phoenix, AZ.
7. Jennings, E., **Miron, C.D.**, Szuhany, K.L., Dettwyler, S., Everett, J., Astacio, G., Faiz, J., Simeone, D.M., & Simon, N.M. (2023, April) *The Impact of Genetic Counseling and Screening on Worry and Distress in a High Risk Pancreatic Cancer Population*. Poster presented at SBM, Phoenix, AZ.
8. Marini, C., **Miron, C.D.**, Schantz, B., Ginsberg, D.L., Marmar, C.R., Simon, N.M., Noulas, P., & Szuhany, K.L. (2022, November). *Examination of patient and provider satisfaction with psychiatric telehealth treatment delivery during the COVID-19 pandemic*. Poster presented at the Association for Behavioral and Cognitive Therapies annual convention (ABCT), New York, NY.
9. **Miron, C.D.**, Malgaroli, M., Szuhany, K.L., Adhikari, S., Riley, G., Chachoua, A., Meyers, A., Rosenthal, J., & Simon, N.M. (2022, March). *Examining the Relationship between Perceived Social and Familial Support and Fear of Cancer Recurrence in Breast Cancer Survivors*. Poster presented at the American Psychosocial Oncology Society annual conference (APOS), virtual.
10. Jennings, E., **Miron, C.D.**, Szuhany, K.L., Chen, A., Steinberg, M., Schantz, B., Malgaroli, M., Ander, I., Rassaby, M., Armstrong, C., Hoge, E., Baker, A., Bui, E., & Simon, N.M. (2021, November). *The Impact of COVID-19 Differences on Social Function and Social Satisfaction in Adults with Anxiety Disorders*. Poster presented at ABCT, virtual.
11. Steinberg, M. H., Schantz, B., Szuhany, K. L., Jennings, E., Chen, A., **Miron, C.D.**, Rassaby, M., Robinaugh, D., & Simon, N. M. (2021, November.) *Differences in Emotion Regulation with Generalized Anxiety Disorder, Social Anxiety Disorder and Prolonged Grief Disorder*. Poster presented at ABCT, virtual.
12. Rassaby, M., Chen, A., Mellis, A., Raio, C., Adhikari, S., Szuhany, K.L., Malgaroli, M., **Miron, C.D.**, Jennings, E.L., Schantz, B., Miller, D.B., Glimcher, P., & Simon, N.M. (2021, November). *The Protective Role of Social Coping Strategies on Loneliness*. Poster presented at ABCT, virtual.
13. **Miron, C.D.**, Schantz, B., Ginsberg, D.L., Marmar, C.R., Simon, N.M, Noulas, P., & Szuhany, K.L. (2021, October). *Telehealth Use in the Wake of COVID-19*. Poster presented at NYU Langone Health (NYULH) Psychiatry Department's Annual Research Day, virtual.
14. Jennings, E., **Miron, C.D.**, Szuhany, K.L., Chen, A., Steinberg, M., Malgaroli, M., Skolnik, A., Armstrong, C., Hoge, E., Baker, A., Bui, E., & Simon, N.M. (2021, October). *The Impact of COVID-19 on a Multisite Clinical Trial*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
15. Steinberg, M., Chen, A., Szuhany, K.L., Jennings, E., **Miron, C.D.**, Armstrong, C., Skolnik, A., Bui, E., Baker, A., Hoge, E., & Simon, N.M. (2021, October). *Comparison of Anxiety Before and After the Start of the COVID-19 Pandemic in Individuals with Anxiety Disorders*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
16. Zhang, E., Szuhany, K.L., Riley, G., **Miron, C.D.**, & Simon, N.M. (2021, May). *Understanding barriers to participation in psychosocial mental health and wellness services for breast cancer survivors*. Poster presented at the annual meeting of the American Psychiatric Association (APA), virtual.
17. **Miron, C.D.**, Malgaroli, M., Szuhany, K.L., Jennings, E., Rassaby, M., Adhikari, S., Schantz, B., Suzuki, R., Lubin, R., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., & Simon, N.M. (2020, November). *An examination of the relationship between anxiety sensitivity and fear of cancer recurrence in breast cancer survivors*. Poster presented at ABCT, virtual.
18. Jennings, E., **Miron, C.D.**, Malgaroli, M., Szuhany, K.L., Adhikari, S., Rassaby, R., Suzuki, R., Schantz, B., Johnson, C., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., & Simon,

- N.M. (2020, November). *The relationship between pain and cancer-related traumatic distress in breast cancer survivors*. Poster presented at ABCT, virtual.
19. Suzuki, R., **Miron, C.D.**, Rassaby, M., Adhikari, S., Szuhany, K.L., Jennings, E., Schantz, B., Malgaroli, M., Lubin, R., Eakley, R., Johnson, C., Wu, S.X., Chachoua, A., Rosenthal, J., Meyers, & M., Simon, N.M. (2020, November). *The impact of recommendations on participation in psychosocial services in breast cancer survivors*. Poster presented at ABCT, virtual.
  20. Rassaby, M., Szuhany, K.L., **Miron, C.D.**, Jennings, E., Bui, E., Hoepfner, S., Brown, M., Schantz, B., Suzuki, R., Wu, S.X., Johnson, C., & Simon, N.M. (2020, November). *The relationship between perceived social support and distress tolerance in individuals with social anxiety disorder compared to generalized anxiety disorder*. Poster presented at ABCT, virtual.
  21. Wu, S.X., Adhikari, S., Malgaroli, M., Schantz, B., Rassaby, M., **Miron, C.D.**, Chen, A., Suzuki, R., Toner, E., Robinaugh, D., & Simon, N.M. (2020, November). *Examining the relationship between childhood trauma and complicated grief after loss: The mediating role of difficulties in emotion regulation*. Poster presented at ABCT, virtual.
  22. Schantz, B., Szuhany, K.L., Adhikari, S., Grochowalski, J.H., Chen, A., Suzuki, R., **Miron, C.D.**, Rassaby, M., Jennings, E., Brown, M.L., Hoepfner, S.S., Bui, E., & Simon, N.M. (2020, November). *Examining the Relationship Between Emotion Regulation, Quality of Sleep and Anxiety Disorder Diagnosis*. Poster presented at ABCT, virtual.
  23. **Miron, C.D.**, Malgaroli, M., Szuhany, K.L., Jennings, E., Rassaby, M., Adhikari, S., Schantz, B., Suzuki, R., Lubin, R., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., & Simon, N.M. (2020, October). *Understanding the link between anxiety sensitivity and fear of cancer recurrence in breast cancer survivors*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
  24. Jennings, E., **Miron, C.D.**, Malgaroli, M., Szuhany, K.L., Adhikari, S., Rassaby, R., Suzuki, R., Schantz, B., Johnson, C., Eakley, R., Riley, G., Chachoua, A., Meyers, M., Rosenthal, J., & Simon, N.M. (2020, October). *The impact of pain on cancer-related traumatic distress in a breast cancer survivor population*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
  25. Riley, G., Szuhany, K.L., Malgaroli, M., **Miron, C.D.**, Park, J.H., Suzuki, R., Rosenthal, J., Chachoua, A., Meyers, M., & Simon, N.M. (2020, October). *Participation in breast cancer survivorship wellness activities: role of survivorship care plans*. Oral presentation at NYULH Psychiatry Department's Research Day, virtual.
  26. Rassaby, M., Szuhany, K.L., **Miron, C.D.**, Jennings, E., Hoepfner, S., Brown, M., Schantz, B., Suzuki, R., Eakley, R., Wu, S.X., Johnson, C., Bui, E., & Simon, N.M. (2020, October). *The relationship between social support and distress intolerance across anxiety diagnoses*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
  27. Schantz, B., Szuhany, K.L., Adhikari, S., Chen, A., Malgaroli, M., Jennings, E., **Miron, C.D.**, Rassaby, M., & Simon, N.M. (2020, October). *Association of Emotion Regulation and Quality of Sleep with Generalized Anxiety and Social Anxiety Disorder Diagnosis*. Poster presented at NYULH Psychiatry Department's Research Day, virtual.
  28. **Miron, C.D.**, Satlof-Bedrick, E., & Waller, R. (2019, January). *No Shoulder to Cry On? The Quality of Friendships among Adolescents High on Callous-Unemotional Traits in Two Independent Samples*. Poster presented at Center for Undergraduate Research & Fellowships Poster Session, Philadelphia, PA.
  29. **Miron, C.D.**, Boorse, J., Jardeleza, M., Wong, J., & Krause, E. (2017, April). *Body Image in Disney: A Dream Come True?*. Poster presented at Psi Chi Philadelphia Area Research Day, Philadelphia, PA.

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## COMMUNITY EXPERIENCE



- Jul 2019-  
Jun 2022     **Drama Club, New York, NY**  
                  *Volunteer Member*
- Non-profit organization dedicated to supporting adolescents and young adults throughout each step of their journey through the criminal justice system (i.e., detention, placement, and aftercare) by providing mentorship and theater training
  - Developed a crisis response manual in collaboration with organization founder and board director to guide teaching artists on how to engage with youth in the program when difficult topics arise (e.g., suicide, trauma)
  - Attended committee meetings, community meetings, and fundraising events
- May 2018-  
Aug 2018     **University of California, Santa Barbara, Santa Barbara, CA**  
                  *Kids Group Leader*
- Supervised and planned activities for groups of elementary and middle school children (ages 5-14, 6-12 per group), 80hrs/week for 14 weeks
  - Provided one-on-one supervision for children with autism spectrum disorder, down syndrome, and attention-deficit/hyperactivity disorder
- Sep 2015-  
May 2017     **After School Arts Program, Philadelphia, PA**  
                  *Theater Mentor*
- Mentored children (ages 10-14) from underserved communities in West Philadelphia
  - Led after-school lessons on improvisation and scripted theater

## **AFFILIATIONS**

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- 2024           *Society for Health Psychology, member*
- 2022           *Society of Behavioral Medicine, member*
- 2021           *American Psychosocial Oncology Society, member*
- 2020           *Association for Behavioral and Cognitive Therapies, post-baccalaureate member*
- 2019           *Phi Beta Kappa, member*
- 2017           *Psi Chi International Honor Society, member*

## **SKILLS**

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**Technical:** SPSS, R, Epic EMR, Titanium EMR, Excel, Qualtrics, RedCap, Dedoose, EPrime, Actigraph

**Clinical:** Phlebotomy & ECG (Borough of Manhattan Community College)