

Sharlane Lau
Curriculum Vitae
sharlane.lau24@gc.cuny.edu

EDUCATION

Doctor of Philosophy in Psychology, Health Psychology and Clinical Science Training Area 2025 – 2031 (expected)
The Graduate Center, City University of New York, New York, New York
Supervisor: Jennifer S. Ford, Ph.D.

Honours Bachelor of Science Degree in Mental Health Studies 2018 – 2022
University of Toronto, Toronto, Canada
Honours Thesis: *An examination of the cross-cultural equivalence of the Personality Inventory for DSM-5 (PID-5) across Chinese and U.S. samples*
Supervisor: R. Michael Bagby, Ph.D., C. Psych., A.B.A.P.

ACADEMIC HONOURS & AWARDS

Hunter College Research Foundation Travel Award (USD \$1320.00) 2025
Hunter College, City University of New York

Travel Award (USD \$480.06) 2025
The Graduate Center, City University of New York

Canadian Training Platform for Trials Leveraging Existing Networks Travel Award (CAD \$2,500.00) 2024
Canadian Institutes of Health Research

Dean's List 2019 – 2022
University of Toronto

Entrance Scholarship (CAD \$2,000.00) 2018
University of Toronto

GRANTS

Awarded
Project Grant Program (CAD \$753,526.00) 2025 – 2030
Canadian Institutes of Health Research
Collaborator (Nominated Principal Applicants: Gilla K. Shapiro & Gary Rodin),
Improving Access and Wellbeing of Patients with Lung Cancer: A Randomized Controlled Trial of a Lay Navigation Program (Grant # 541218)

Mamie Phipps Clark Diversity Research Grant (USD \$3,000.00) 2022
Psi Chi, the International Honor Society in Psychology
Principal Investigator, *An examination of the cross-cultural equivalence of the Personality Inventory for DSM-5 (PID-5) across Chinese and U.S. samples*

PEER-REVIEWED PUBLICATIONS

Journal Articles

2026

1. **Lau, S. C. L.**, Quilty, L. C., Sellbom, M. S., & Bagby, R. M. (2026). An evaluation and proposed modifications of AMPD (Section III) personality disorder trait diagnostic sets in DSM-5-TR. *Personality Disorders: Theory, Research, and Treatment*.
2. Bagby, R. M., Mortezaei, A., **Lau, S. C. L.**, McIntyre, C. S., & Taylor, G. J. (2026). Discriminant validity of the 20-Item Toronto Alexithymia Scale and the Perth Alexithymia Questionnaire in relation to psychological distress. *Behavioral Sciences*, 16(3), 339.
3. Bagby, R. M., Mortezaei, A., McIntyre, C., **Lau, S. C. L.**, & Taylor, G. J. (2026). Does the Perth Alexithymia Questionnaire offer a multidimensional measurement of the alexithymia construct? *Journal of Personality Assessment*, 108(3), 362-371.
4. Bagby, R. M., Watters, C., Perkovic, S. J. M., Mortezaei, A., **Lau, S. C. L.**, McIntyre, C. S., & Taylor, G. J. (2026). Alexithymia and the DSM-5 Alternative Model of Personality Disorders: latent profile analysis of the TAS-20 and associations with PID-5 trait domains and facets. *Journal of Personality Disorders*.

2025

5. Bagby, R. M., Zito, L., **Lau, S. C. L.**, Mortezaei, A., Porcelli, P., & Taylor, G. J. (2025). Alexithymia and impaired mentalization: Evidence from self-, informant-, and meta-perception ratings on the 20-Item Toronto Alexithymia Scale. *Journal of Intelligence*, 13(7), 89.
6. Sun, D., Sun, T., **Lau, S. C. L.**, McArthur, A., Nath, I., & Shapiro, G. K. (2025). A content analysis of religion and HPV vaccine news coverage in Canada. *Human Vaccines & Immunotherapeutics*, 21(1), 2530290.

2024

7. **Lau, S. C. L.**, Sellbom, M., & Bagby, R. M. (2024). An examination of the cross-cultural equivalence of the personality inventory for DSM-5 across Chinese and U.S. samples. *Psychological Assessment*, 36(2), 102–113.
8. Bagby, R. M., **Lau, S. C. L.**, Watters, C. A., Quilty, L. C., & Sellbom, M. (2024). A comparison of the associations of the *Diagnostic and Statistical Manual of Mental Disorders*, fifth edition, Section II personality disorders and Section III personality domains with clinical dysfunction in a psychiatric patient sample. *Personality Disorders: Theory, Research, and Treatment*, 15(5), 322–331.
9. Zahid, A., **Lau, S. C. L.**, Rizwan, L., Taylor, G. J., & Bagby, R. M. (2024). Revisiting the Urdu language version of the Toronto Alexithymia Scale. *Psychological Test Adaptation and Development*, 5, 293-302.
10. Shapiro, G. K., Mah, K., **Lau, S. C. L.**, Klein, R., Graham, R., Rodin, G., & Li, M. (2024). Psychological distress and supportive care utilization in medical assistance in

dying: A retrospective observational cohort study. *General Hospital Psychiatry*, 90, 191-193.

11. Zahid, A., Taylor, G. J., **Lau, S. C. L.**, Stone, S., & Bagby, R. M. (2024). Examining the incremental validity of the Perth Alexithymia Questionnaire (PAQ) relative to the 20-Item Toronto Alexithymia Scale (TAS-20). *Journal of Personality Assessment*, 106(2), 242–253.
12. Shapiro, G. K., Tong, E., Nissim, R., Zimmermann, C., Allin, S., Gibson, J. L., **Lau, S. C. L.**, Li, M., & Rodin, G. (2024). Perspectives of Canadian health leaders on the relationship between medical assistance in dying and palliative and end-of-life care services: a qualitative study. *CMAJ: Canadian Medical Association Journal*, 196(7), E222–E234.

Under Review

1. **Lau, S. C. L.**, Davis, H., Srivastava, R., Wexler, M., Bender, J. L., Changoor, A., Kahn, R., Bhoo-Pathy, N., Rosa, W. E., Bergerot, C., Rodin, G., & Shapiro, G. K. (under review). Lay navigation interventions for oncology patients: A narrative review of literature.
2. Panjwani, A. A., **Lau, S. C. L.**, Kim, R., Ferguson, S., & Fazelzad, R. (under review). The supportive care needs of individuals with endometrial cancer: A scoping review protocol.

In Preparation

1. McIntyre, C., Zahid, A., **Lau, S. C. L.**, & Bagby, R. M. (in preparation). Distinguishing sets of personality traits associated with avoidant and eccentric behaviour.
2. Zahid, A., Rizwan, L., **Lau, S. C. L.**, Cheema, A., & Bagby, R. M. (in preparation). Development and factor structure examination of an Urdu translation of the Personality Inventory for DSM-5 (PID-5-UR).

Book Chapters

Accepted/In Press

1. Bagby, R. M., Zahid, A., & **Lau, S. C. L.** (in press). Interviews and clinician-rated measures of depression. In T.M. Olino & J. Pettit (Eds.), *APA Handbook of Depression*. American Psychological Association.

SCHOLARLY PRESENTATIONS

2026

1. **Lau, S. C. L.**, D'Agostino, N., Mosher, P., Smith, M., Jones, J., Kukreti, V., Nissim, R., Maheu, C., Lebel, S., & Panjwani, A. A. (2026, April). *Leveraging Peer Connection: Virtual Adaptation of Fear of Cancer Recurrence Therapy for Young Adults with Hematological Malignancies*. Poster to be presented at the 47th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Chicago, IL.

2025

2. Bagby, R. M., **Lau, S. C. L.**, & Orjiakor, C. T. (2025, June). *Examining the Black Racialization Hypothesis in the Measurement of Personality Pathology with the MMPI-3 PSY-5 Scales*. Oral presentation at the 60th Annual MMPI Research Symposium, Minneapolis, MN, United States.
3. Obierufu, P., **Lau, S. C. L.**, & Bagby, R. M. (2025, June). *Examining the Measurement Invariance of the MMPI-3 PSY-5 Scales across Black and White North Americans*. Oral presentation at the 60th Annual MMPI Research Symposium, Minneapolis, MN, United States.
4. **Lau, S. C. L.**, Manoj, M., Ferguson, S. E., Li, M., Gesink, D., Deljoomanesh, S., Laframboise, S., Glass, K., Panjwani, A. A., & Kim, R. (2025, April). *A Multidisciplinary Healthcare Provider Perspective: A Qualitative Study of the Supportive Care Needs of Young Patients with Endometrial Cancer*. Oral presentation at the 40th Canadian Association of Psychosocial Oncology Conference, Toronto, ON, Canada.
5. **Lau, S. C. L.**, D'Agostino, N., Mosher, P., Smith, M., Jones, J., Kukreti, V., Nissim, R., Maheu, C., Lebel, S., & Panjwani, A. A. (2025, April). *Enhancing Group Support in Young Adult Cancer Care: Adapting Fear of Cancer Recurrence Therapy for Young Adults with Hematological Malignancies*. Poster presentation at the 40th Canadian Association of Psychosocial Oncology Conference, Toronto, ON, Canada.
6. **Lau, S. C. L.**, Davis, H., Srivastava, R., Wexler, M., Bender, J., Changoor, A., Kahn, R., Leighl, N., Rodin, G., & Shapiro, G. K. (2025, April). *Lay navigation interventions for patients with cancer: A review of the literature*. Oral presentation at the 40th Canadian Association of Psychosocial Oncology Conference, Toronto, ON, Canada.
7. Manoj, M., **Lau, S. C. L.**, Yu, J., Daniels, S., Fazelzad, R., Kim, R., Ferguson, S. E., Deljoomanesh, S., Laframboise, S., Li, M., & Panjwani, A. A. (2025, April). *Supportive care needs among individuals with endometrial cancer: A systematic review*. Poster presentation at the 40th Canadian Association of Psychosocial Oncology Conference, Toronto, ON, Canada.
8. Panjwani, A. A., & Kim, R., **Lau, S. C. L.**, Manoj, M., Ferguson, S. E., Li, M., Gesink, D., Deljoomanesh, S., Laframboise, S., & Glass, K. (2025, April). *Where Cancer & Fertility Collide: Focus Group Insights into the Lived Experiences of Young Patients with Endometrial Cancer*. Oral presentation at the 40th Canadian Association of Psychosocial Oncology Conference, Toronto, ON, Canada.
9. Bagby, R. M., **Lau, S. C. L.**, Quilty, L. C., & Sellbom, M. (2025, March). *An Evaluation and Proposed Modifications of AMPD (Section III) Personality Disorder Trait Diagnostic Sets in DSM-5-TR*. Oral presentation at the Society for Personality Assessment Annual Convention 2025, Denver, Colorado, United States.

2024

10. **Lau, S. C. L.**, Watters, C., Quilty, L. C., Sellbom, M., & Bagby, R. M. (2024, October). *A comparison of the associations of the DSM-5 Section II personality disorders and Section III personality domains (AMPD) with clinical dysfunction in a psychiatric patient sample*. Poster presentation at the Society for Research in Psychopathology 2024 Annual Meeting, Montréal, QC, Canada.

11. Bagby, R. M., & **Lau, S. C. L.*** (2024, October). *An evaluation and proposed modifications of AMPD (Section III) personality disorder trait diagnostic sets in DSM-5-TR*. Poster presentation at the Society for Research in Psychopathology 2024 Annual Meeting, Montréal, QC, Canada. *denotes co-primary presenter.
12. McIntyre, C., **Lau, S. C. L.**, Zahid, A., & Bagby, R. M. (2024, October). *Evaluative comparison of Section II, AMPD, and FFM in distinguishing avoidant and schizotypal traits*. Poster presented at the Society for Research in Psychopathology 2024 Annual Meeting, Montréal, QC, Canada.
13. Panjwani A. A., **Lau, S. C. L.**, Nissim, R., D'Agostino, N., Lebel, S., Maheu, C., Li, M., Mosher, P., Smith, M., Jones, J., Matthew, A., Crump, M., & Kukreti, V. (2024, September). *Tailoring Fear of Cancer Recurrence Therapy for young adults with lymphoma: Engaging the voices of people with lived experience*. Symposium presentation at the 25th International Psycho-Oncology Society World Congress of Psycho-Oncology, Maastricht, Netherlands.
14. Bagby, R. M., **Lau, S. C. L.**, & Taylor, G. J. (2024, August). *Locating the alexithymia construct among the trait domains of the DSM-5 Alternative Model of Personality Disorders*. Oral presentation at the 21st European Conference on Personality, Berlin, Germany.
15. **Lau, S. C. L.**, Lebel, S., Maheu, C., Nissim, R., Li, M., D'Agostino, N., Smith, M., Mosher, P., Jones, J., Matthew, A., Crump, M., Kureti, V. & Panjwani A. A. (2024, June). *Adapting the Fear of Cancer Recurrence Therapy (FORT) for young adults with lymphoma: What do young adults have to say?* Poster presentation at the 39th Canadian Association of Psychosocial Oncology Conference, Calgary, AB, Canada.
16. Orjiakor, C. T., **Lau, S. C. L.**, Zahid, A., Sellbom, M., & Bagby, R. M. (2024, June). *Evaluating the measurement invariance of the Minnesota Multiphasic Personality Inventory-3 (MMPI-3) Higher-Order Scales across North American and Sub-Saharan African university students*. Snapshot presentation at the 85th Canadian Psychological Association Annual National Convention, Ottawa, ON, Canada.
17. McIntyre, C., Killick, A., **Lau, S. C. L.**, & Bagby, R. M. (2024, June). *An analogue investigation of the validity of the MMPI-3 in personnel selection of firefighter candidates*. Brief report presented at the 59th Annual MMPI Research Symposium, Tempe, AZ, United States.
18. Zito, L., **Lau, S. C. L.***, & Bagby, R. M. (2024, May). *Meta-perception and the alexithymia construct*. Oral presentation at the Alexithymia Research Interest Area Workshop and Symposium, Louvain-la-Neuve, Belgium. *denotes co-primary presenter
19. McIntyre, C., **Lau, S. C. L.**, & Bagby, R. M. (2024, May). *A re-examination of the empirical foundation of the Attention Appraisal Model*. Oral presentation at the Alexithymia Research Interest Area Workshop and Symposium, Louvain-la-Neuve, Belgium.

20. Panjwani A. A., **Lau, S. C. L.**, Lebel, S., Maheu, C., Nissim, R., Li, M., D'Agostino, N., Smith, M., Mosher, P., Jones, J., Matthew, A., Crump, M., & Kukreti, V. (2024, March). *Adaptation of a virtual group fear of cancer recurrence therapy for young adult lymphoma survivors*. Poster presentation at the Society of Behavioral Medicine 2024 Annual Meeting, Philadelphia, PA, United States.

2023

21. Bagby, R. M., **Lau, S. C. L.**, & Taylor, G. J. (2023, October). *Issues in the measurement of the alexithymia, redux*. Oral presentation at Emotions 2023, Tilburg, Netherlands.
22. **Lau, S. C. L.**, Zahid, A., & Bagby, R. M. (2023, August). *An evaluation of the diagnostic criteria for the six AMPD personality disorders*. Poster presentation at the American Psychological Association Convention 2023, Washington, D.C., United States.
23. **Lau, S. C. L.**, Zahid, A., Sellbom, M., & Bagby, R. M. (2023, June). *An examination of the cross-cultural equivalence of the Personality Inventory for DSM-5 (PID-5) across Chinese and U.S. samples*. Poster presentation at the 84th Canadian Psychological Association Annual National Convention, Toronto, ON, Canada.
24. Zahid, A., **Lau, S. C. L.***, Rizwan, L., Parker, J. D. A. & Bagby, R. M. (2023, June). *Examining the cross-cultural equivalence of the 20-Item Toronto Alexithymia Scale across Pakistan and Canada*. Poster presentation at the 84th Canadian Psychological Association Annual National Convention, Toronto, ON, Canada. * denotes co-primary presenter.

2022

25. Zahid, A., **Lau, S. C. L.**, Taylor, G. J., & Bagby, R. M. (2022, September). *Validating the alexithymia construct in South Asian and East Asian cultures*. Poster presentation at the 16th World Congress of the International College of Psychosomatic Medicine, Rochester, NY, United States.
26. Zahid, A., Taylor, G. J., **Lau, S. C. L.**, Stone, S., & Bagby, R. M. (2022, September). *A comparative examination of the construct validity of the Toronto Alexithymia Scale (TAS-20) and the Perth Alexithymia Questionnaire (PAQ)*. Poster presentation at the 16th World Congress of the International College of Psychosomatic Medicine, Rochester, NY, United States.
27. Zahid, A. Park, S., **Lau, S. C. L.**, & Bagby, R. M. (2022, June). *Detecting under-reporting in canadian firefighter applicants: A comparison of the MMPI-2-RF/MMPI-3, PAI, and NEO PI-R-3 validity scales*. Brief report presented at the 57th Annual Symposium on Recent MMPI Research, Minneapolis, MN, United States.
28. Obierufu, P. O., Bagby, R. M., Zahid, A., **Lau, S. C. L.**, & Stone, S. (2022, June). *Assessing the effects of black racialization on the MMPI-3*. Brief report presented at the 57th Annual Symposium on Recent MMPI Research, Minneapolis, MN, United States.

RESEARCH EXPERIENCE

Clinical Research Analyst

2024 – 2025

Supervisors: Aliza A. Panjwani, Ph.D., C. Psych., & Gilla K. Shapiro, Ph.D., C. Psych.

Department of Supportive Care

Princess Margaret Cancer Centre, University Health Network, Toronto, Ontario, Canada

- Conducted qualitative data analysis for two mixed-methods studies focused on addressing prominent psychological needs in young adult patients with cancer.
- Supported the development of semi-structure interview guides and conducted qualitative interviews with patients and healthcare professionals to understand fertility and related psychosocial needs of young adults with endometrial cancer.
- Developed study protocols and research ethics board applications for studies on psychosocial oncology, health equity, and psychological interventions with diverse study designs.
- Assisted in preparing grant applications for national funding organizations.
- Prepared a narrative review on lay navigation for oncology patients as the first author, with the goal of publication in a peer-reviewed journal.
- Coordinated and delegated study-related tasks within the research team and served as the primary contact for project updates and questions.

Laboratory Manager and Data Analyst

2023 – 2025

Supervisor: R. Michael Bagby, Ph.D., C. Psych., A.B.A.P.

Clinical Laboratory for Personality, Psychopathology, & Psychodiagnostics

University of Toronto, Toronto, Ontario, Canada

- Conducted statistical analyses using RStudio, SPSS, and Mplus (e.g., exploratory structural equation modelling, measurement invariance testing, receiver operating characteristics).
- Managed and updated the laboratory's database containing data collected within the last ten years.
- Developed analysis code templates in RStudio and SPSS for research team members to use across projects.
- Prepared manuscripts for multiple studies as the first or a co-author, with the goal of publication in peer-reviewed journals.
- Presented research findings at academic conferences.
- Served as an ad-hoc reviewer for a peer-reviewed journal.
- Provided training and guidance to research assistants and undergraduate thesis students.

Research Assistant

2023 – 2024

Supervisors: Aliza A. Panjwani, Ph.D., C. Psych., & Gilla K. Shapiro, Ph.D., C. Psych.

Department of Supportive Care

Princess Margaret Cancer Centre, University Health Network, Toronto, Ontario, Canada

- Contributed to a systematic review on the supportive care needs of patients with endometrial cancer, including protocol development, screening, data extraction, and manuscript preparation.
- Recruited research participants, including initial outreach, screening young adult patients experiencing distress related to cancer diagnoses, consenting, and following up.
- Designed study materials, including consent forms, surveys, and other participant-facing materials.
- Co-authored manuscripts for multiple studies for publication in peer-reviewed journals.
- Presented research findings at academic conferences.
- Served as an ad-hoc reviewer for a peer-reviewed journal.
- Secured the Canadian Training Platform for Trials Leveraging Existing Networks Travel Award to present at a national conference.

Research Assistant

2022 – 2024

Supervisor: Michael W. Best, Ph.D., C. Psych.
Therapeutic Interventions for Psychosis Research Lab
University of Toronto, Toronto, Ontario, Canada

- Administered clinical interviews to over 50 clinical participants with schizophrenia spectrum disorders.
- Facilitated recruitment of clinical participants and data collection, including scheduling test sessions, administering interviewer-rated psychological instruments, supervising Cyberball experiments, debriefing participants.
- Trained new research assistants in administering clinical interviews to clinical participants.
- Conducted literature reviews for manuscript preparation on schemas, psychotic disorders, and bipolar disorder.

Research Assistant

2022 – 2023

Supervisor: R. Michael Bagby, Ph.D., C. Psych., A.B.A.P.
Clinical Laboratory for Personality, Psychopathology, & Psychodiagnostics
University of Toronto, Toronto, Ontario, Canada

- Conducted statistical analyses (e.g., factor analysis, hierarchical linear regression, ANOVA) for multiple studies.
- Performed data cleaning and management tasks, including data entry, coding and organizing raw data, screening and verifying data.
- Prepared manuscripts for multiple studies as the first or a co-author, with the goal of publication in peer-reviewed journals.
- Presented research findings at academic conferences.

Undergraduate Thesis Student

2021 – 2022

Supervisor: R. Michael Bagby, Ph.D., C. Psych., A.B.A.P.
Clinical Laboratory for Personality, Psychopathology, & Psychodiagnostics
University of Toronto, Toronto, Ontario, Canada

- Designed and executed a research project to examine the cross-cultural validity of the Personality Inventory for DSM-5 across Chinese and U.S. community samples.
- Engaged extensively in study conceptualization/design, literature review, research methodology, research ethics board application, data collection through Qualtrics, scoring and analyzing data using SPSS and RStudio, manuscript preparation, and presenting study findings.
- Secured the Mamie Phipps Clark Diversity Research Grant to conduct the study.
- Published findings as the first author in a peer-reviewed journal.
- Presented findings at a national conference.

Research Assistant

2021 – 2022

Supervisors: Eric Y. H. Chen, MD & Michael T. H. Wong, MD, Ph.D., FRCPsych
Psychosis Studies and Intervention Lab
University of Hong Kong, Hong Kong

- Conducted literature reviews on the etiology and treatment interventions for psychosis, schizophrenia, and mood and anxiety disorders.
- Wrote book chapters on the interaction of the genetic and environmental factors underlying the development of psychosis, schizophrenia, and mood and anxiety disorders, the neurological anomalies associated with these disorders, and the risk and protective factors and treatment interventions for these disorders.

- Compiled genetic marker data for major depressive disorder and bipolar disorder into comprehensive tables.

VOLUNTEER EXPERIENCE

Student Ambassador 2023 – 2025

PSYD32H3F: Personality Disorders (Instructor: Dr. R. Michael Bgaby)

Department of Psychology

University of Toronto, Toronto, Ontario, Canada

- Assisted undergraduate students with questions regarding course materials, tests, and assignments through email and scheduled meetings.

Crisis Hotline Volunteer 2022 – 2023

Distress Centres of Greater Toronto, Toronto, Ontario

- Responded to phone calls from individuals experiencing emotional distress and/or crises and de-escalated callers' emotional intensity by providing emotional support, active listening, and referrals to other resources if needed.
- Conducted risk assessments and safety planning and completed detailed suicide risk reports for callers who exhibited the risk of suicide and/or were in a situation where their safety could not be ensured.

PEER REVIEW ACTIVITIES

Ad Hoc Reviewer

- *Journal of Health Psychology*
- *Psychological Assessment*

CLINICAL INTERVIEW ADMINISTRATION

- Brief Psychiatric Rating Scale (BPRS)
- Clinical Assessment Interview for Negative Symptoms (CAINS)

RESEARCH TRAINING & WORKSHOPS

Qualitative Research Methods in Psychology Specialization 2024

American Psychological Association, Online [Coursera]

KEY COMPETENCIES

- SPSS
- RStudio
- Mplus
- Dedoose
- REDCap
- Qualtrics
- Covidence

PROFESSIONAL MEMBERSHIP

- Society of Behavioral Medicine
- Society for Research in Psychopathology
- Psi Chi, the International Honor Society in Psychology